

ASSIST ©

Active Shooter & Security Incident Safety Training

InDev's proprietary active shooter and violent encounter response training. **ASSIST** goes beyond generic active shooter videos such as "*Run-Hide-Fight*" to provide an understanding of real-world response issues.

ASSIST deals with the two major elements of an active shooter event; first, the initiation of violence and internal reactions, and second, the arrival of external first responders.

ASSIST can be presented as a half-day overview, or a full day training event which offers additional exercises, interaction, and drills.

ASSIST helps you understand: what's happening,
what to do, and
when to do it.

ASSIST was developed for electric co-ops and public power systems¹.

A recent FBI study found 80% of active shooter events occur at work².

ASSIST Training:

- Fulfils OSHA workplace violence training recommendations³
- Satisfies all federal annual counterterrorism training requirements
- Instills confidence and reduces fear and anxiety
- Introduces skills needed for surviving the *violent first minutes*

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3 OSHA now identifies workplace violence and active shooter situations as recognizable hazards covered under General Duty Clause, Section 5(a)(1)

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ASSIST was developed by a security expert with years of electric utility/co-op experience and based on proven conflict-zone security techniques Blair, J. Pete, and Schweit, Katherine W. (2014). A Study of Active Shooter Incidents, 2000 - 2013. U.S. Department of Justice, Washington D.C. 2014



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<u>A</u>ctive **<u>S</u>**hooter and **<u>S</u>**ecurity **<u>I</u>**ncident **<u>S</u>**afety **<u>T</u>**raining

ASSIST[©] is active shooter response training that provides the skills and confidence needed to deal with acts of violence. It dispels myths and misconceptions while presenting simple techniques for surviving a crisis.

Topics Covered

The Co-op World Today: Changing worldviews and attitudes

Workplace Violence & Terrorism: Threats that impact our daily lives

Verbal De-escalation: Effective communication can control of the conversation

Situational Awareness: Recognizing potentially dangerous situations

Active Shooter Response: Surviving the worst-case scenario

ASSIST - Active Shooter Response

Covers the realities of workplace violence and introduces skills anyone can employ to counter an attack. Attendees engage in confidence-building exercises that introduce reliable survival skills.

A – Action
S – Shelter
S – Scout
I – Intervene
S – Survive
T – Transition



Aftermath

Crisis management, event containment, and restoring control

Wrap-up / Questions & Answers

Addressing remaining concerns or issues